



**LIAQUAT
UNIVERSITY**

OF MEDICAL & HEALTH SCIENCES
JAMSHORO

Activity Report



LUMHS Commitment to Meaningful Education Around SDG

LUMHS commitment to meaning full education is reflected in academic and non-academic activities like involving students in community outreach programs additional to that LUMHS has offered three-days certificate course for students

Three-Day Course on Sustainable Development Goals (SDGs)

Liaquat University of Medical and Health Sciences (LUMHS) organized a three-day training course on the **United Nations Sustainable Development Goals (SDGs)** to enhance students' understanding of global sustainability challenges and their role in achieving them. Being Medical students have can learn to integrate SDGs throughout their academic and professional learning through this course.

The course included interactive lectures, group discussions, and practical activities focusing on key SDGs related to health, education, gender equality, and environmental sustainability. Students actively participated throughout the sessions, demonstrating great enthusiasm and commitment to learning.

At the conclusion of the program, participants were awarded **certificates of successful completion**, recognizing their engagement and dedication to promoting sustainable development. The initiative reflects LUMHS's ongoing commitment to fostering sustainability literacy and preparing students to contribute effectively toward achieving the SDGs.

Certificate distribution ceremony of three days course on Sustainable development goals

Course Title: "Introduction to Sustainable Development Goals (SDGs): Understanding the Global Agenda"

Duration: 3 days

Course Objective:

The primary objective of this course is to educate undergraduate students on the Sustainable Development Goals (SDGs), their interconnectedness, and the role of individuals, communities, and organizations in achieving these global goals. Specifically, the course aims to: integrate SDGs into their overall learning and academic

- Enhance students' understanding of the 17 SDGs and their targets.
- Analyze the global challenges addressed by SDGs and their local implications.
- Develop skills to integrate SDGs into academic and professional pursuits.

- Foster critical thinking, collaboration, and problem-solving for SDG implementation.
- Inspire students to become active contributors to achieving the SDGs.

Scope of the Course:

This course covers the following topics:

- Introduction to SDGs: history, development, and framework.
- Global challenges and SDGs: poverty, inequality, climate change, and more.
- SDG implementation: local, national, and international perspectives.
- SDG-themed workshops: climate action, sustainable cities, quality education, and more.
- Integrating SDGs into academia and professional settings.
- SDG project development and pitching

By the end of this course, students will:

- Understand the SDGs and their interconnectedness.
- Analyze the role of individuals, communities, and organizations in achieving SDGs.
- Develop skills to integrate SDGs into their academic and professional pursuits.

Day 1: Introduction to SDGs and Global Challenges

1. Introduction to SDGs (45 minutes)
 - Overview of the 17 SDGs
 - History and development of SDGs
2. Global Challenges and SDGs (45 minutes)
 - Poverty, inequality, climate change, and other global challenges
 - How SDGs address these challenges
3. Group Discussion (30 minutes)
 - Small group discussions on SDGs and global challenges
4. SDG Framework and Indicators (45 minutes)
 - Understanding SDG targets and indicators
 - Measuring progress toward SDGs
5. Case Study: Successful SDG Implementation (45 minutes)
 - Real-world examples of SDG implementation
 - Lessons learned and best practices

Day 2: SDGs in Action - Local and Global Perspectives

1. Local SDG Implementation (45 minutes)
 - Local government initiatives and SDGs
 - Community-based projects and SDGs
2. Global SDG Partnerships (45 minutes)
 - International organizations and SDGs
 - Public-private partnerships for SDGs
3. Panel Discussion (30 minutes)
 - Local and global experts share experiences and insights
4. SDG-themed Workshop (90 minutes)
 - Choose one SDG (e.g., SDG 13 - Climate Action)

- Develop solutions and projects for local implementation
5. Pitching SDG Ideas (30 minutes)
- Students pitch their SDG project ideas

Day 3: Integrating SDGs into Academic and Professional Pursuits

1. SDGs in Academia (45 minutes)
 - Integrating SDGs into curriculum and research
 - SDG-focused academic programs
2. SDGs in Professional Settings (45 minutes)
 - SDG implementation in industries and organizations
 - Career opportunities in SDG-related fields
3. Group Discussion (30 minutes)
 - How to integrate SDGs into students' academic and professional goals
4. SDG Project Development (90 minutes)
 - Students work on SDG project proposals
 - Peer feedback and mentorship
5. Closing Ceremony (30 minutes)
 - Certificate distribution
 - Final thoughts and next steps

Assessment:

1. Participation and engagement (20%)
2. Group discussion and presentation (30%)
3. Quiz competition

Certificate Distribution Ceremony





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